

# Intro to Living Your Life Purpose

## Focusing on fulfillment



### When

#### **THIS IS A FREE INTRO "TASTER"**

Which consist of three 1-hour, virtual sessions set for February 22,25, & March 1 from 7-8 pm ET, with short lecture/PowerPoint® presentations, individual worksheet completion time, and small group breakout discussion.

### What is the full program?

6-session program running from:

March 11 through April 15, on Thursday Evenings, 6 to 8 PM ET

This is an engaging, experiential opportunity to reflect, share, learn and plan using the best practices that most contribute to a fulfilling, healthy and high quality experience of living.

Registration is OPEN.

Registration deadline: There is no registration deadline and you can feel free to sign up even in the midst of the program.

[www.TheMountainRLC.org](http://www.TheMountainRLC.org) (828) 526-5838